



Arndell

Anglican College



Semester 1 2020

Secondary School Sport

Welcome back! We are looking forward to another great year for our sport program. Contained in this booklet is Semester 1 Sport information, uniform requirements and FAQ's. Draws will be posted weekly in the Sport Scene or can be found on the HZSA website. We trust you find this booklet helpful.

If you have any questions or require information, please email sport@arndell.nsw.edu.au

Kind regards

MR PETER GORDON
Head of Sport/PDHPE

HZSA AFTERNOON SPORT | SEMESTER 1 2020

SPORT	GAME DAY	TEAM	COACH	VENUE	TIME	TRANSPORT
NETBALL GIRLS	MON	Jnr (Yr 7 & 8) Blue	Kristen Bailey	Kellyville Netball Courts	4:00pm – 4:45pm for Jnr and Inters Games 4.45 pm – 5.30 pm for Snr Game	Depart at 3.15 pm MINI BUS ONE WAY to venue only
		Jnr (Yr 7 & 8) Red	Taylor Watkins			
		Jnr (Yr 7 & 8) White	Lachlan Charles			
		Inters (Yr 9 & 10) Blue	Amanda Zalac			
		Snr (11 & 12) Blue	Amanda Zalac			
BASKETBALL BOYS	TUES	Jnr (Yr 7 & 8) Blue	Hannah Binks	H & A	4:00pm for Jnrs and 4.45 pm for Inters Tues 4.00 pm for Snr Thurs	Depart at 3.15 pm if away game MINI BUS
	THURS	Inters (Yr 9 & 10) Blue	Peter Gordon			
		Snr (11 & 12) Blue	Sam Jackson			
INDOOR FUTSAL GIRLS	TUES	Jnr (Yr 7, 8 & 9) Blue	Craig Robinson	Dural Sport & Leisure Centre	4:00pm – 4:45pm 4.45pm – 5.30 pm	Depart at 3.15 pm MINI BUS
		Jnr (Yr 7, 8 & 9) Red	Maddi Danckert			
		Snr (Yr 10,11 & 12) Blue	Craig Robinson			
FOOTBALL (Outdoor)	THURS	Jnr (Yr 7 & 8) Blue	Andrew Polkinghorne	Valentine Sports Park & School Venues	4:00pm – 5:30pm <small>Arrival back at the college will depend on game location</small>	Depart at 3.15 pm MINI BUS

** Please note, the dates and times are subject to change due to unforeseen changes such as weather and venue change.*

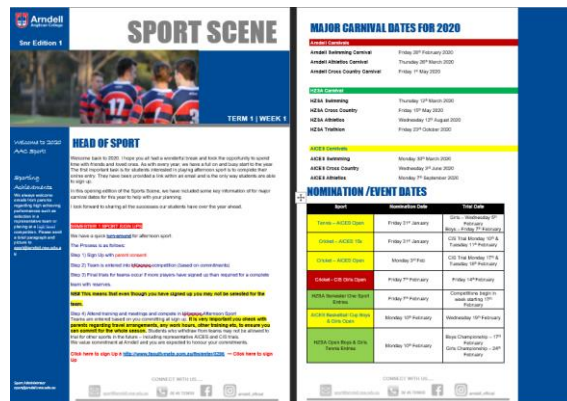



COMMUNICATION

The main avenue for information dissemination is via the Sport Scene and emails distributed by the Head of Sport. The Sport Scene contains information regarding weekly draws, student achievement and up and coming important dates.

Any details have that changed, cancelled or postponed game will be notified by SMS and email.

It is necessary for students to check emails daily for nomination dates, confirmations and last minute changes. It is a student's responsibility to check emails. All associations have strict cut offs that are always adhered to and it is the individual student's responsibility to seek information and to make application for sport opportunities they are interested in pursuing.



 <h2 style="text-align: center;">HZSA Semester Sport Program 2020</h2>					
Semester 1 BOYS					
Sport	Boys/Girls	Years	Venues	Match Days	Match Times
Basketball	Boys	7 & 8	Home & Away	Tuesday	4pm
Basketball	Boys	9 & 10	Home & Away	Tuesday	4.45pm
Basketball	Boys	11 & 12	Home & Away	Thursday	4pm
Football	Boys	7 & 8	Valentine Park	Thursday	4pm
Semester 1 GIRLS					
Futsal	Girls	7, 8 & 9	The Centre, Dural & William Clarke	Tuesday	4pm
Futsal	Girls	10, 11 & 12	The Centre Dural & William Clarke	Tuesday	4.45pm
Netball	Girls	7 & 8	Kellyville Netball Courts	Monday	4pm
Netball	Girls	9 & 10	Kellyville Netball Courts	Monday	4pm
Netball	Girls	11 & 12	Kellyville Netball Courts	Monday	4.45pm

AFTERNOON SPORT NOMINATION AND SIGN-UP PROCESS

In Secondary School the sporting avenues increase greatly for students. While there is certainly a higher level of competitiveness and greater attention on winning in Secondary school, the focus on fair play, enjoyment and teamwork are very much paramount to that context.

Wherever possible we seek to have all students involved in the Sports Program if they desire. Unfortunately due to lack of interest for a team or HZSA (Zone governing body) restrictions, it means that some teams may not run or that trials are required for some teams meaning that students may miss out. Students are notified of status in the sign up process so that they are aware of entries and likely trials.

It is essential that students are certain that they can commit to the team for the entire season. Entries to HZSA competitions are based on sign ups and therefore having to withdraw a team just before or at the start of a competition impacts heavily on the HZSA administrator, other schools and can have impact on other students who have signed up for that particular team.

The Process is as follows:

Step 1) Sign Up with parent consent

Step 2) Team is entered into HZSA competition (based on commitments)

Step 3) Final trials for teams occur if more players have signed up than required for a complete team with reserves.

NB# This means that even though you have signed up you may not be selected for the team.

Step 4) Attend training and meetings and compete in HZSA Afternoon Sport

SPORT / TRAINING EXPECTATIONS

The sport program offered at Arndell is broad and exciting and encourages each student to develop a full range of personal, interpersonal and team skills. The program challenges each student to respect themselves and to respect others.

It is encouraged that all student in years 7-12 participates actively in the sport program here at Arndell. We would appreciate that all students understand the commitment they are making to the entire sport program at Arndell.

This commitment includes:

- Attendance at all training sessions except if injured or sick
- Attendance at all games, both home and away for the entire season
- Uphold the code of conduct (outlined above)

Reasons for absence from Training or a Game

- Absence / Sickness: Email sport@arndell.nsw.edu.au and email the coach of the team

It is an expectation that prior to a game/training, coaches are made aware of any students who will not be playing or training.

UNIFORM REQUIREMENTS

Visit <https://www.arndell.nsw.edu.au/content/uniform-shop> for shop location and hours

Name	PE uniform Item Required	Cost
Basketball - Girls	Arndell Rep Singlet	\$40.00
Football - Girls	Arndell Rep Jersey & Socks	\$47.00
Indoor Cricket	Arndell Rep Jersey	\$47.00
Futsal - Boys	Arndell Rep Jersey & Socks	\$47.00
Touch - Boys	Arndell Rep Singlet	\$40.00
Touch - Girls	Arndell Rep Singlet	\$40.00
Rugby / Futsal / Football Long Socks	Arndell Rep Socks	\$21.00
Rugby Shorts	Arndell Rugby Shorts	\$35.00

PLEASE NOTE: These prices are subject to change.

INDIVIDUAL NOMINATION AND SIGN-UP PROCESS

Students wishing to participate in sports activities should make application via the Head of Sport. The Hills Zone Sports Association (HZSA) allows students to nominate for selected individual trials in specific sports. Nominations are required to be completed via the Head of Sport. Individual trials are usually held at U15 and Opens level.

High level sports students may wish to nominate for trials at AICES and CIS level. AICES and CIS nominations invite students from regional areas, GPS schools, Independent Schools and Christian Schools. They are highly competitive trials and usually held as 'Open or U15's' trials. Younger students should be aware that they will be competing against year 11 and 12 students.

Students must submit nomination entries to the Head of Sport. Discussion about the trial and student suitability will be based on representative history. Entry submission is not guaranteed and Arndell Anglican College will only send students who are competing at a reasonably high representative level in the nominated sport. Evidence of performance may be required to justify nomination. Students wishing to nominate for a NSW CIS team will need to speak directly, and in person to the Head of Sport. There is an existing CIS levy for students nominating that is passed on by the College to students nominating. The levy fee is approximately \$25.00 for any trials attended at CIS Level.

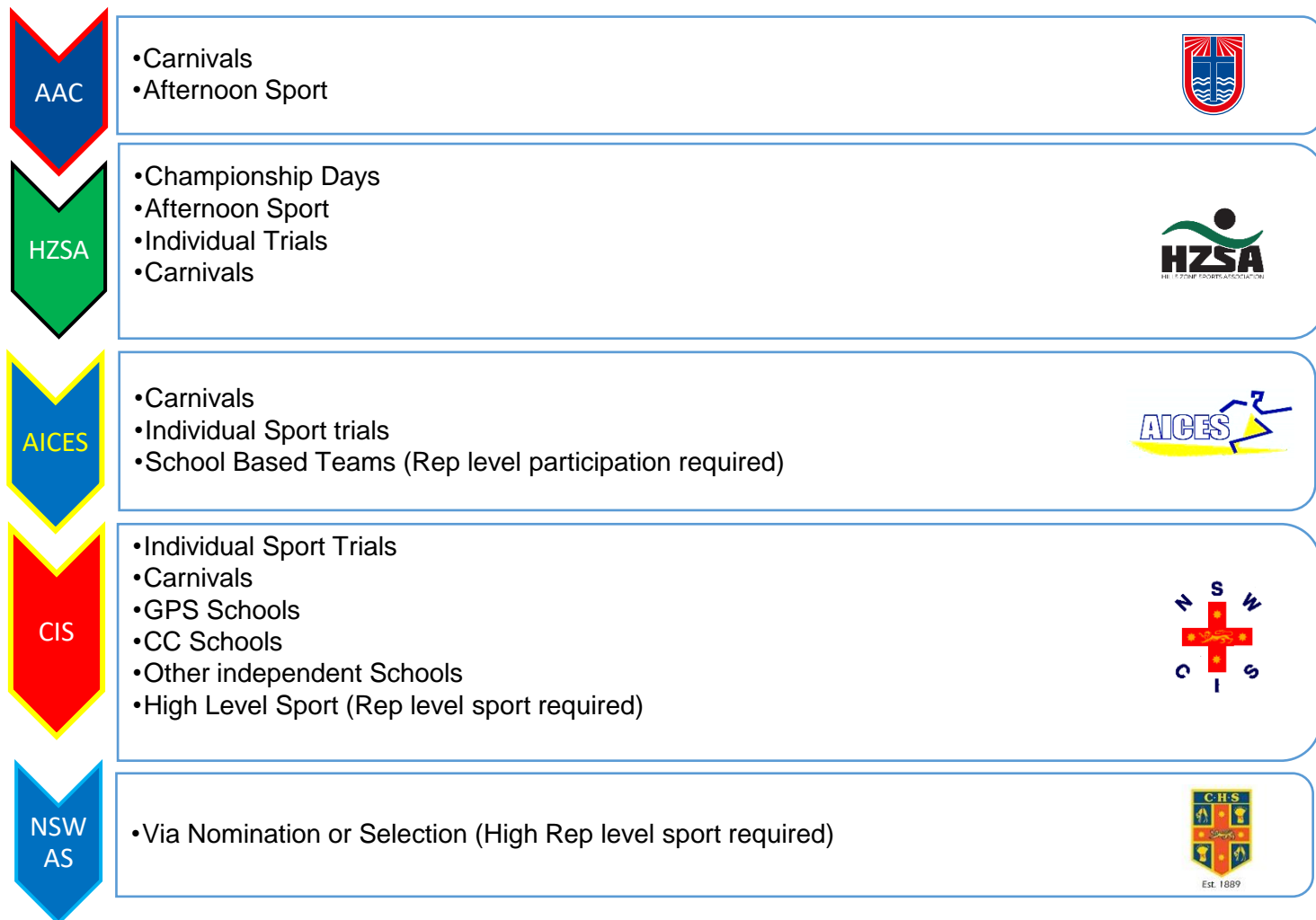
Students wishing to nominate themselves for a HZSA team need to follow the sign up process outlined in any correspondence. In general information that should be provided for ALL nominations to the Head of Sport should contain the following information:

- Name
- Date of Birth
- School Year
- Preferred Positions
- Playing History



INDIVIDUAL REPRESENTATIVE PATHWAYS | AAC > HZSA > AICES > CIS > All Schools > Nationals

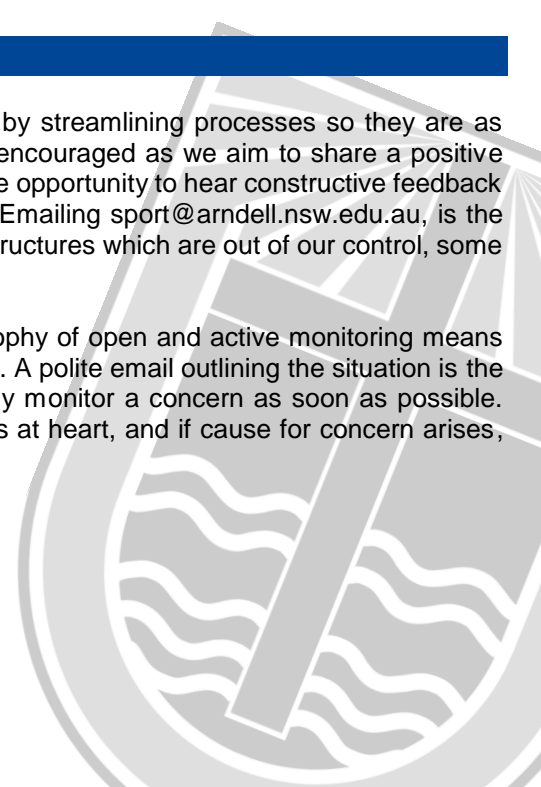
Arndell Anglican College is part of the Hills Zone Sports Association, (HZSA) which is our zone level. HZSA is part of the Association of Independent Co-Educational Schools (AICES) (regional level). AICES is under the New South Wales Combined Independent Schools (NSWCIS) umbrella. This pathway leads to NSW All-Schools competition.



FEEDBACK & REVIEW

The College is always seeking to provide our children with the best opportunities by streamlining processes so they are as efficient as possible. In this, both active staff monitoring and parental feedback is encouraged as we aim to share a positive partnership in the continuing development of the Arndell School Sports Program. The opportunity to hear constructive feedback regarding events, carnivals and other sport related events is therefore welcomed. Emailing sport@arndell.nsw.edu.au, is the best way to communicate your feedback. Please be aware that due to association structures which are out of our control, some feedback or ideas may not be feasible to modify or eliminate.

While the Sport Program aims to run to a high organisational standard, our philosophy of open and active monitoring means that staff are more than happy to be made aware of any concerns, should they arise. A polite email outlining the situation is the best way to communicate such a concern. Every attempt will be made to positively monitor a concern as soon as possible. Please be mindful staff always have the best interests of both parents and students at heart, and if cause for concern arises, considerate understanding best allows for an effective resolution.



CODE OF CONDUCT FOR STUDENTS & PARENTS

STUDENTS

Students are expected to commit to their sporting teams and turn up to all games, team meetings and training sessions. Teams are entered to HZSA based on student commitments and therefore fellow students are reliant on this.

At sporting carnivals, training sessions or other sporting competitions, whether competing, supervising, coaching or spectating, students must:

- Display positive and encouraging attitudes towards own team members and the opposition
- Use positive, encouraging language only
- Wear the correct sports or team uniform when representing the College
- Compete according to the rules
- Respect and abide by all decisions of teachers and officials without argument or insolence
- Seek clarification on any ruling only through the captain and in a respectful manner
- Shake hands with opposing teams and thank all officials at the end of the match

PARENT INVOLVEMENT & CODE OF CONDUCT

Parents can be involved in a number of different ways that work in with their own family commitments. Avenues to assist include: Helping out at carnivals, refereeing games & being a spectator and encouraging their child's involvement in the College Sport program. Other ways parents can be involved is through sponsorship of equipment or sporting uniforms. Parents are expected to support their child's extracurricular endeavours by providing the necessary equipment and accompanying or facilitating their child's attendance at scheduled events for example: Gala Days, Carnivals and other sporting events and training sessions.

With College endorsed sporting events, parents and other spectators are expected to:

- Participate positively and demonstrate an attitude of encouragement towards official's staff, other parents, their own child, other students and competitors, valuing effort and enjoyment above victory
- Support all decisions made (parents are not entitled to criticise or seek clarification on the ruling of officials)
- Communicate with staff appropriately, whether in person, telephone or email, in a way that is polite and respectful. We always have student's best interests at heart and desire to work with the school community to resolve any issues that may arise



SPORT FAQs

AFTERNOON SPORT QUESTIONS

Who can play afternoon sport?

Afternoon sport is for High schools students: Years 7 – 12. Divisions vary depending on the sport. It is welcome to all students, but they need to be aware that trials do occur in many sports which means they may miss out. Another avenue for sport includes the house competition (Inter-House Sports Cup).

What happens with trials for afternoon sport?

Trials only occur when absolutely required. Where possible we aim to avoid them so students do not miss out. However, unfortunately it does become necessary. Possible trials will occur in week 2-3 with those teams that require it. This will be arranged with the coaches once teams are confirmed for entry and numbers are finalised.

What Transport is provided?

The school provides minibus transport to and from the venues where possible. It is rare that this does not happen for any afternoon sport. Parents are welcome to come to games and watch and then take their child at the conclusion of the game. On the odd occasion when a clash of bookings occurs, teams and parents will be notified if this is required.

How do Training days work for teams?

Each coach will arrange with their team when a suitable time for training. Usually this will fall on the lunch time of the day the game is played, however this is not always the case. Some coaches and teams opt for either before or after school training.

REPRESENTATIVE SPORT QUESTIONS

How do Individual HZSA, AICES & CIS Trials work?

Most sports for HZSA and AICES that have the option to trial individually are either Open or U15. Students in year 7 should generally wait until year 8 at least before considering trialing though this is open to discussion depending on factors such as size of player and representative experience.

As for opens, students are welcome to trial at HZSA level without rep history, however for AICES level trialing, it will be necessary for the student to have a representative level history in order to nominate and the entry will then be considered by the Head of Sport for approval.

Most trials for AICES and CIS are full day trials. At HZSA level they are usually afterschool starting at 4 pm however, in 2020 they are experimenting with doing a couple of full day trials. These trials are usually held at either at schools or specialised sporting venues.

Are there costs involved?

*Most AICES sports do not cost anything. At CIS the nomination fee to trial is approx. **\$25.00***

Students who make HZSA, AICES or CIS teams are able to purchase gear such as jackets, polo shirts and tracksuits. Any fees incurred through HZSA / AICES / CIS will be billed to the student's term fees following the event.

