



Arndell

Anglican College



Junior School Sport Booklet

We are delighted to provide this Junior Sport Booklet to our school community.

Junior School Sport involves many different events students have the opportunity to be involved in. Arndell carnivals, HICES/HZSA & CIS Carnivals, Gala Days, Stage 3 Afternoon sport – Netball, Touch football and Soccer also an AFL program.

If you have any questions or require information, please email sport@arndell.nsw.edu.au

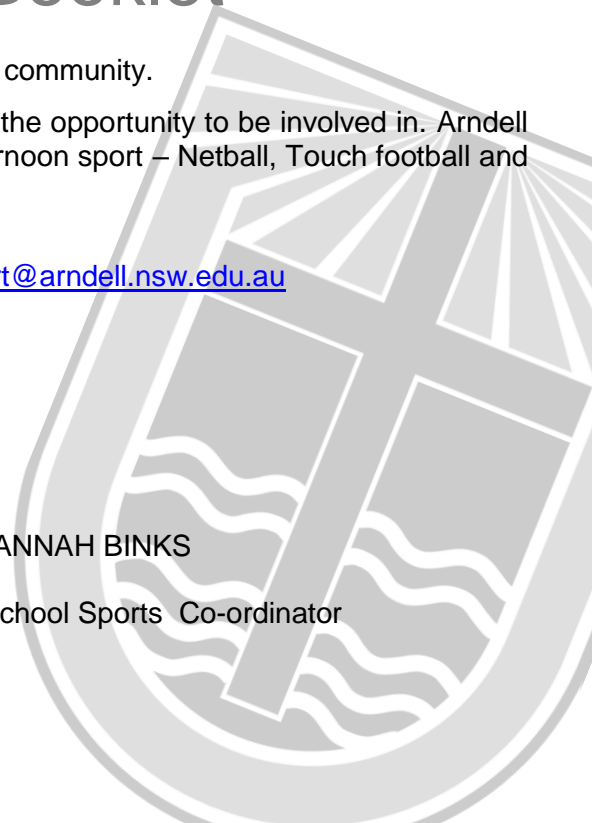
Kind regards

MR PETER GORDON

Head of Sport/PDHPE

MISS HANNAH BINKS

Junior School Sports Co-ordinator



General Information

CARNIVALS

Arndell Junior School runs Carnivals in Swimming, Cross Country and Athletics. Students in Years 3-6 compete in these carnivals with the emphasis on skill development, participation, building resilience, strengthening house spirit and enjoyment. All students from years 3-6 will be attending this event. Students in year 2 are invited to attend. However, due to WHS regulations, any Year 2 students wishing to compete are required to send through confirmation of their sporting squad attendance.

WEEKLY SPORT

Sport for Kindergarten to Year 6 students occurs on various days throughout the week. All students come to school wearing their Arndell sport uniform and participate in their sports program throughout the day. Students are required to bring a water bottle and any medication needed (eg Asthma puffer).

Kindergarten – Year 4

All K-4 students participate in a weekly sports program on a chosen day throughout the week. This is a school-based program run by their classroom teacher. All K-4 students are involved in a class PE lesson for 50 minutes once a week with our Junior School PE specialist teachers.

As part of the sports program, all K-2 students participate in a Swim and Survive program run by Coulter Swim School held in November. All 3-4 students participate in an AFL program in Term 3 run by AFL NSW.

Year 5-6 Students

All Year 5-6 students participate in the weekly school sports program each Wednesday. Students are either selected into an Interschool Sport team and travel to various venues for their fixtures or they remain at school and participate in a school sports program. All 5-6 students are involved in a class PE lesson for 50 minutes once a week with our Junior School PE specialist teachers.

GALA DAYS

Gala Days are aimed at providing students with an opportunity to try and participate in a variety of sports. All Year 3-6 students participate in one Gala Day per year against other Hills Zone Sports Association (HZSA) Schools. Gala Days are non-competitive with the emphasis on learning new sports and skills, increasing participation levels, strengthening teamwork and building resilience.

TEAM ALLOCATION

Students in Years 5 and 6 have the opportunity of competing in the HZSA Interschool Sport Program on a weekly basis of a Wednesday afternoon. The sports that students can compete in include football, netball, touch football and AFL. Sports trials are held during school time prior to the season commencing. When selecting teams, a combination of skill, fitness, teamwork, positional preferences and team numbers are all considered. Two teams for each sport is selected and placed into either Division A or Division B. Students that are not selected into a team will participate in a sports program held at the School at the same time.

SPORTS INFORMATION NOTES

The Sport Information notes will be emailed out to families prior to the sport event/s commencing. For further Arndell Anglican College Sports Information, please contact the Junior School Sport Coordinator or email sport@arndell.nsw.edu.au.

UNIFORM

Netball – Arndell netball dress, white socks, athletic shoes.

Football – Arndell football jersey, Arndell PE shorts, white socks, football boots, shin pads.

Touch Football – Arndell touch football jersey, Arndell PE shorts, white socks, athletic shoes.

AFL – Arndell jersey, Arndell PE shorts, white socks, athletic shoes.

PLAYER EXPECTATIONS

The Sports program offered at Arndell encourages each student to develop a full range of personal, interpersonal and team skills. The program challenges each student to respect themselves and to respect others.

This commitment requires students to:

- Display positive and encouraging attitudes towards own team members and the opposition
- Use positive, encouraging language only
- Wear the correct sports or team uniform when representing the School
- Compete according to the rules
- Respect and abide by all decisions of teachers and officials without argument or insolence
- Thank the opposing teams and thank all officials at the end of the match
- Hand sanitize or wash hands

WET WEATHER

In the event of wet weather, the Arndell Sport will notify students and families of the cancellation of fixtures. Parents will also be notified via text or email message generated by the school communication system.

COMMUNICATION

The main avenue for information dissemination is via the Sport Scene and emails distributed by the Head of Sport & Junior School Sport Co-ordinator. The Sport Scene contains information regarding weekly draws, student achievement and up and coming important dates. Any details have that changed, cancelled or postponed game will be notified by SMS and email.



STUDENT NOMINATIONS

Any students wishing to represent an Arndell sporting team (eg. HZSA Gala Days, HZSA Year 5 & 6 Afternoon Sport & Paul Kelly Cup). A student will need to notify their class teacher if they are interested. Depending on the number of students who nominate themselves, trials maybe required for a sports team. Unfortunately, this means that on occasions students do miss out. Our desire is to avoid trials where possible. Once teams have been finalised the Junior School Sport Coordinator will be responsible for registering all teams and nominated players with the relevant sporting associations. Expenses such as registration will be paid by the School.

To nominate a student individually for a team mentioned in the Sport Scene (eg. CIS Football/Tennis/Rugby League etc), parents/guardians are required to email the Junior School Sports Coordinator with the following:

Student name:
DOB:
Class:
Preferred positions (if applicable)
Current club (if any):
Playing experience (reps etc):

Please note when considering student nomination, any CIS trial/representation is essentially the highest level of representation students can nominate for in our system prior to state level. Generally, at this level, students who are in year 5 and 6 (11 and 12 years of age) are selected for these teams.

To nominate for these teams, students need to be playing at representative level in their sport as it is an extremely competitive environment with students essentially coming to trial from all non-government schools in the state. Trials/nominations are held at school for HZSA Wednesday Afternoon Representative Sport each semester. Students will be expected to nominate themselves through their classroom teacher during the nomination period.

Nominating for other representative Gala Days including Paul Kelly Cup, students must see the Junior School Sports Coordinator during the nomination period.

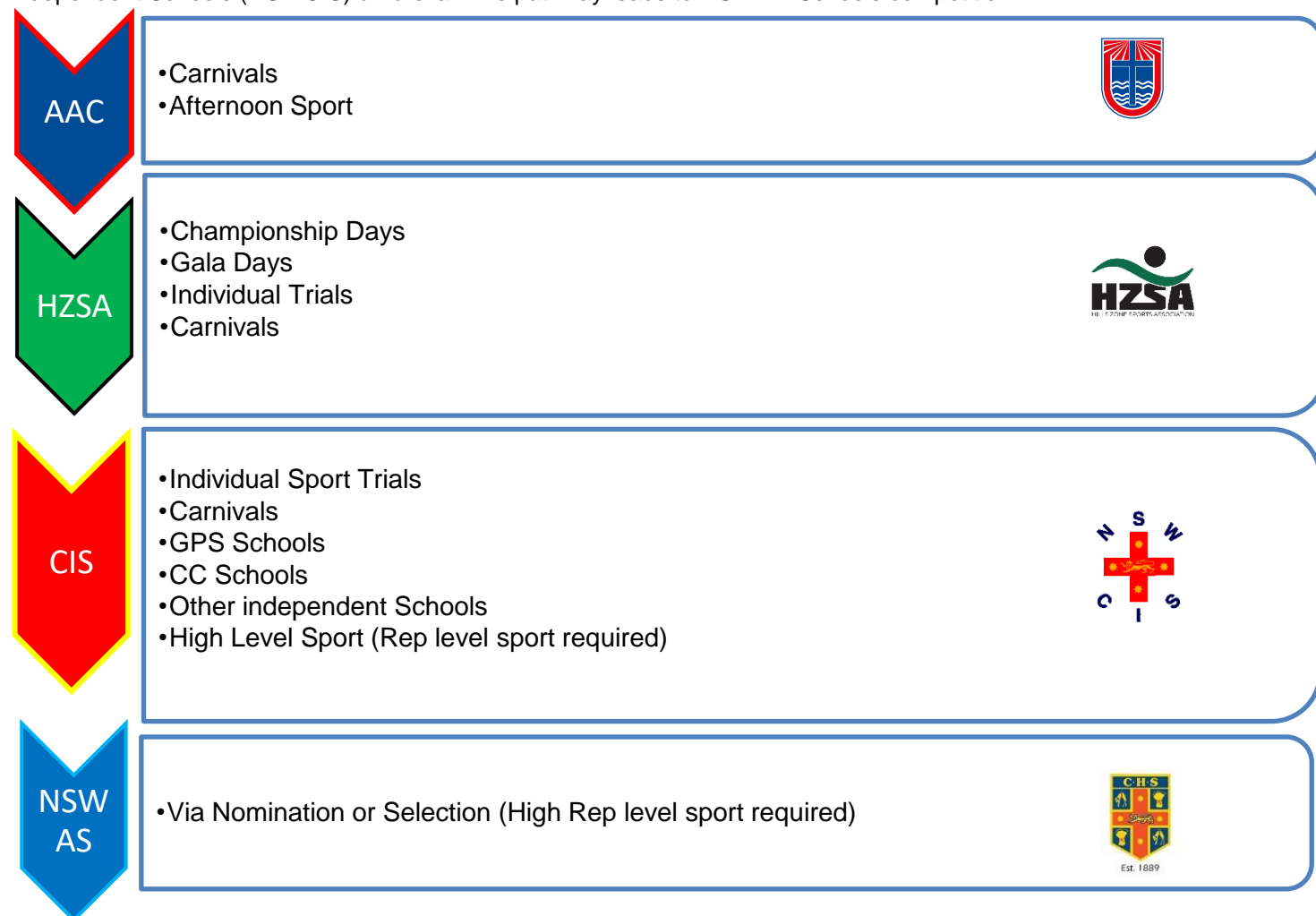
Please ensure you frequently refer to the Sport Scene to keep up to date with all events and nomination cut off dates. Students will not be accepted if nominated after the cut off date.

When your child is nominating, your child has to demonstrate that they play the chosen sport at a high level. Evidence of performance may be required to justify nomination. Students wishing to nominate for a NSW CIS team will need to speak directly, and in person to the Junior Sport Co-ordinator. There is an existing CIS levy for students nominating that is passed on by the College to students nominating. The levy fee is approximately **\$25.00** for any trials attended at CIS Level.



INDIVIDUAL REPRESENTATIVE PATHWAYS | AAC > HZSA > AICES > CIS > ALL SCHOOLS > NATIONALS

Arndell Anglican College is part of the Hills Zone Sports Association, (HZSA) which is our zone level. HZSA is part of the Association of Independent Co-Educational Schools (AICES) (regional level). AICES is under the New South Wales Combined Independent Schools (NSWCIS) umbrella. This pathway leads to NSW All-Schools competition.



FEEDBACK & REVIEW

The College is always seeking to provide our children with the best opportunities by streamlining processes so they are as efficient as possible. In this, both active staff monitoring and parental feedback is encouraged as we aim to share a positive partnership in the continuing development of the Arndell School Sports Program. The opportunity to hear constructive feedback regarding events, carnivals and other sport related events is therefore welcomed. Emailing the Head of Sport at sport@arndell.nsw.edu.au, is the best way to communicate your feedback. Please be aware that due to association structures which are out of our control, some feedback or ideas may not be feasible to modify or eliminate.

While the Sport Program aims to run to a high organisational standard, our philosophy of open and active monitoring means that staff are more than happy to be made aware of any concerns, should they arise. A polite email outlining the situation is the best way to communicate such a concern. Every attempt will be made to positively monitor a concern as soon as possible. Please be mindful staff always have the best interests of both parents and students at heart, and if cause for concern arises, considerate understanding best allows for an effective resolution.

CODE OF CONDUCT FOR STUDENTS & PARENTS

STUDENTS

Students are expected to commit to their sporting teams and turn up to all games, team meetings and training sessions. Teams are entered to HZSA based on student commitments and therefore fellow students are reliant on this.

At sporting carnivals, training sessions or other sporting competitions, whether competing, supervising, coaching or spectating, students must:

- Display positive and encouraging attitudes towards own team members and the opposition
- Use positive, encouraging language only
- Wear the correct sports or team uniform when representing the College
- Compete according to the rules
- Respect and abide by all decisions of teachers and officials without argument or insolence
- Seek clarification on any ruling only through the captain and in a respectful manner
- Shake hands with opposing teams and thank all officials at the end of the match

PARENT INVOLVEMENT & CODE OF CONDUCT

Parents can be involved in a number of different ways that work in with their own family commitments. Avenues to assist include: Helping out at carnivals, refereeing games (qualifications required) & being a spectator and encouraging their child's involvement in the College Sport program. Other ways parents can be involved is through sponsorship of equipment or sporting uniforms. Parents are expected to support their child's extracurricular endeavors by providing the necessary equipment and accompanying or facilitating their child's attendance at scheduled events for example: Gala Days, Carnivals and other sporting events and training sessions.

With College endorsed sporting events, parents and other spectators are expected to:

- Participate positively and demonstrate an attitude of encouragement towards official's staff, other parents, their own child, other students and competitors, valuing effort and enjoyment above victory
- Support all decisions made (parents are not entitled to criticize or seek clarification on the ruling of officials)
- Communicate with staff appropriately, whether in person, telephone or email, in a way that is polite and respectful. We always have student's best interests at heart and desire to work with the school community to resolve any issues that may arise

