

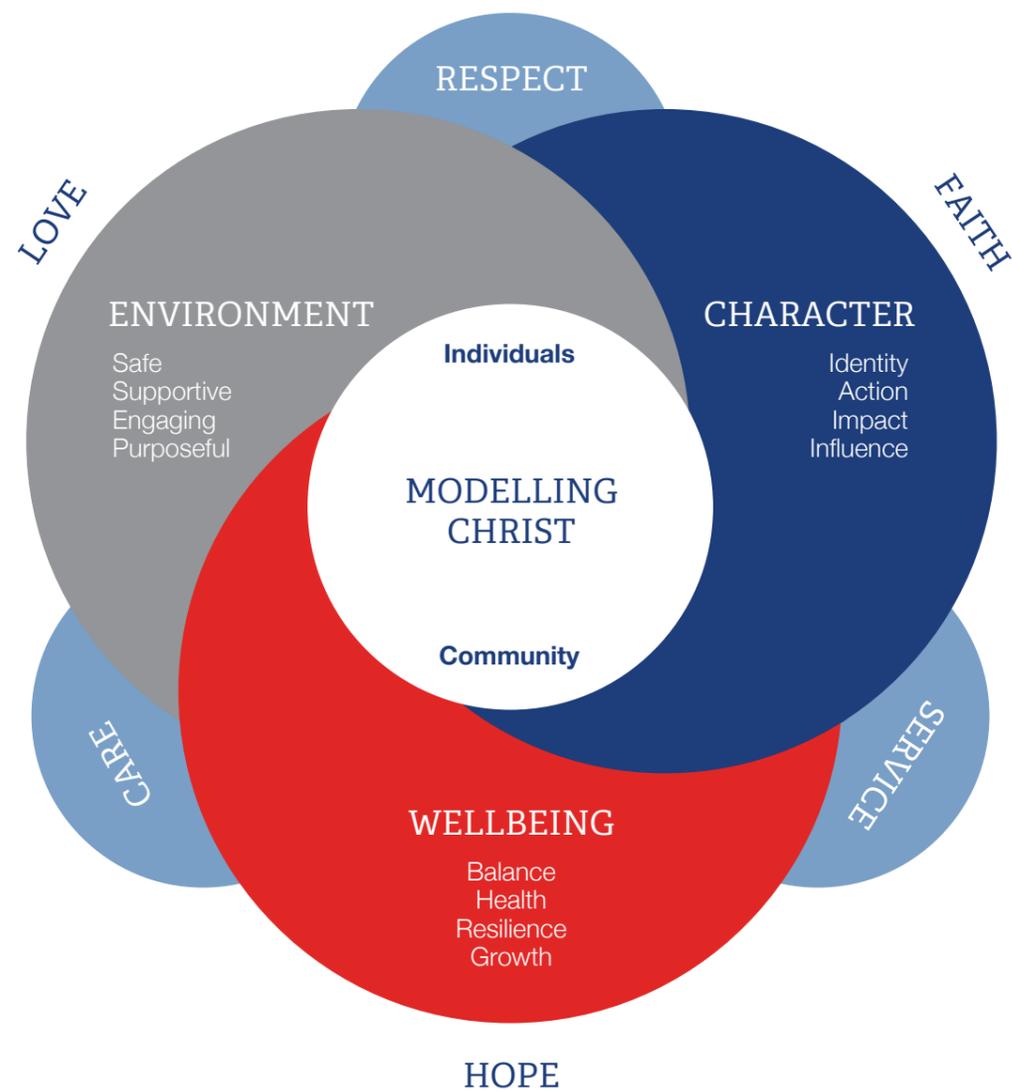


Arndell
Anglican College

Pastoral Care Framework

Love | Faith | Hope

RESPECT, CARE AND SERVICE



Arndell Anglican College's Pastoral Care Framework is shaped by our faith in Jesus Christ. It seeks to grow us as individuals and as a community. We desire our students to develop Christian values and virtues, exemplified in the person and work of our Lord Jesus Christ. Specifically, we focus on the virtues of respect, care and service as an expression of our Christian values of love, faith and hope.



Pastoral Care Framework

At Arndell Anglican College we believe:

- Individuals are unique, created in God's image to love and serve God and each other
- Individuals should connect and contribute to the growth of the community
- Community growth will contribute the growth of each individual
- Our community should reflect our hope of an eternal kingdom, perfected in Jesus Christ

We purposefully seek through our pastoral care framework to:

- Develop an understanding of who we are, what we believe, and our place in the world
- Establish, build and celebrate our connections to each other, by treating each other with dignity, humility and respect
- Foster leadership in all members of our community
- Act with responsibility to serve and care for the wider community

Thus, we are striving to create for all students a safe, supportive and engaging **Environment** that enhances **Wellbeing** through personal growth, encouraging resilience and a balanced and healthy lifestyle whilst fostering authentic, collaborative, servant-hearted **Character**.



Environment



Environment plays a key role in growth and development. Through our Pastoral Care Framework, we seek to create an environment that encourages growth and allows members of our community to flourish. We believe such environments are:

1. **SAFE** – will I be known and looked after?
2. **SUPPORTIVE** – will I get help and encouragement?
3. **ENGAGING** – will learning be meaningful?
4. **PURPOSEFUL** – will I understand why?

“For as the body is one and has many parts, and all the parts of that body, though many, are one body—so also is Christ.”

1 Corinthians 12:12

SAFE – will I be known and looked after?

The journey through school is fraught with many complexities. Students learn best when they feel safe and are connected to their learning community.

As a Christian College we believe that all people are valuable. Therefore, each

person in our community is to be known, loved, cared for and respected.

To achieve this the College has put in place structures including dedicated Homeroom time, extra-curricular activities, pastoral care programs and Welfare

Guidelines. These structures are designed to ensure that students are known and looked after throughout their time at the College.

SUPPORTIVE – will I get help and encouragement?

We understand that each individual is unique having different gifts and facing different challenges. Good support and encouragement structures cater for the needs of all students, leading to improved outcomes.

We believe that help should be provided as and when it is needed and that active

and genuine encouragement helps us to achieve our goals.

For these reasons the College has in place both support and encouragement structures to help our students achieve good outcomes. In times of particular need students have access to both pastoral care and academic support

through our Inclusive Education Team, Counselling Services and Pastoral Care staff. Students are also regularly acknowledged for their achievements, through College Assemblies and special events, as we seek to spur each other on to greater growth.

ENGAGING & PURPOSEFUL

Learning outcomes for students are greatly enhanced when they are engaged in their learning and understand the purpose of it.

The College's pastoral care programs and structures are aligned to and support our Learning Journey Framework. This framework

allows us to develop positive and engaging programs whilst clearly articulating the purpose of each pastoral care lesson.



Wellbeing

At Arndell Anglican College, we believe that the development of our community's wellbeing is essential. We believe foundational to wellbeing are:

1. **GROWTH** – equipping myself and others to live life with purpose
2. **HEALTH** – taking care of myself and others along the way
3. **BALANCE** – maintaining my perspective and priorities
4. **RESILIENCE** – when things get tough I keep going

Through our Pastoral Care Framework, we seek to develop individuals who can both look after themselves and positively contribute to our larger community. Perseverance, balance, healthy habits and goal setting are all important characteristics for fostering growth and resilience.

GROWTH – equipping myself and others to live life with purpose

Research shows that focusing on personal growth helps us to persevere with academic tasks, seeking and accepting feedback for improvement. People focused on growth tend to cope well with change, developing strong self-regulation skills. This in turn

can reduce stress levels and increase general wellbeing, self-esteem, and emotional functioning. At their core the Pastoral Care and The Learning Journey frameworks encourage us to seek continual growth in our knowledge of ourselves,

of God and of His world. Therefore, we support each other to set both academic and life goals, to reflect on our learning, measure progress and encourage each other to persevere.

“I have told you these things so that in Me you may have peace. You will have suffering in this world. Be courageous! I have conquered the world.”

John 16:33



HEALTH – taking care of myself and others along the way

Our bodies are a unique gift from God, we have a responsibility to care for them physically and spiritually. God's word reminds us in 1 Timothy 4:8 that *“For physical training is of some value, but godliness has value for all things, holding*

promise for both the present life and the life to come.

Caring for ourselves means looking after our physical, spiritual, emotional and mental wellbeing. Health in each of these areas not only significantly influences positive outcomes for

ourselves it also influences how much support we can offer to others in our community. Thus, at Arndell Anglican College promoting healthy lifestyles is not just about ourselves it is also about our community and our relationship with God.

BALANCE – maintaining my perspective and priorities

Managing the various demands of school, work, family and life can be challenging and at times trying to balancing our various commitments can be distressing. At Arndell we seek to equip our community

to be forward thinkers, able to commit to and manage their responsibilities. Knowing when to say no to a new commitment and why is just as important as knowing when to say yes.

Creating structured regimes

and planning out academic, sporting, spiritual, social and family commitments and considering their impact on our life can have a positive effect on our wellbeing and welfare.

RESILIENCE – when things get tough I keep going

Life can become difficult. Relationships can be challenging, work can be hard, failure is confronting and sometimes disasters and personal tragedies will hit us. Through the Pastoral Care and Learning Journey frameworks we seek to foster resilience and perseverance encouraging each other to remain open, flexible, and

willing to adapt to change. Community and relationships form a protective factor and provide a support network for difficult times. Building connections within a safe and supportive environment is an important component of fostering individual and community resilience. Our Learning Journey

Attributes encompass a range of desired qualities and characteristics which add to and enhance student resilience. These in turn provide a foundation of skills and habits that will enable students to deal with adversities throughout their College years and into adulthood.



“My hand made all these things, and so they all came into being. This is the Lord’s declaration. I will look favourably on this kind of person: one who is humble, submissive in spirit, and trembles at My word.”

Isaiah 66:2

Character

Through our Pastoral Care Framework, we seek to develop individuals who act out of love, not only for themselves and each other, but as an expression of God’s own love for them. A key component of this is character development. This development focuses on four core areas:

1. **IDENTITY** – who am I?
2. **ACTION** – how do I contribute?
3. **IMPACT** – am I growing others?
4. **INFLUENCE** – do I encourage others through the journey?

IDENTITY – who am I?

Our experiences as we journey through school play a significant role in the formation of our identities.

We shift from being primarily defined by our family, in particular our parents, towards independent, mature adults, secure within our own identity. People who own a secure identity tend

to be more confident and better equipped to serve and engage with their wider community.

As a Christian College we believe the only truly secure identity is found in Christ; however, we acknowledge that not all members of our community are Christians and therefore do not define

themselves in this way. It is our hope, therefore, that by engaging with the Christian identity our community will come to a better understanding of how we define ourselves and our place in the world, trusting in Christ and defining ourselves in him or developing a secure personal identity.

ACTION – how do I contribute?

At Arndell Anglican College we desire that our actions might reflect our identity, demonstrating high levels of integrity.

Those who define their identity in Jesus try to follow his example of

faith, hope and love. We desire to act in ways that demonstrate the spiritual characteristics of: love; joy; peace; patience; kindness; goodness; faithfulness; gentleness and self-control. Jesus exemplified each of

these characteristics and was entirely consistent with His identity. Secure in being known by God, Jesus was humble, giving of himself, despite the personal cost, for all of humanity.

IMPACT – am I growing others?

As our community at Arndell Anglican College grows we seek to contribute to the growth of each other. Our actions, which reflect who we are, are directed towards others. How we treat others reflects back on who we are, so we desire consistency from our beliefs to our thoughts, words and actions.

As a Christian College, we look again to Jesus

and how he loves others. Jesus supports the weak, He gently rebukes the wayward, He calls out injustice and, ultimately, He sacrifices himself for us so that we might grow in our relationship with God and with each other.

We know that we do not always act this way. Often our own actions are unloving, coming from selfish motivations; however,

we desire a community that grows in truth and a deep love for each other. Therefore, we pursue justice recognising that hurtful and wrong actions need consequences that are tempered by mercy to bring people back into positive relationship with each other.

INFLUENCE – do I encourage others through the journey?

We also value those who have a positive influence in the world. We look to them to make things better, fix the wrongs that exist or just paint a better picture of life. Many aspire to be such people: setting visions, achieving goals, making a difference and loving others.

Jesus is the one who has arguably had the most influence on our world. His influence was as the ‘Servant-King’. Jesus did not point to himself but to the

God who sent him into the world, perfectly submitting to his father in all he said and did.

Our influencers, or leaders, will be sacrificial. They will seek the greater good, putting others before themselves in humility, serving the needs of individuals and the community. Some will be given badges, however, our regular mantra is that all are called to serve. They will be different in good ways, doing

the right thing, setting a good example and improving our community for the sake of those who follow them.

We develop character with the hope our members of the community will have a secure identity for the rest of their life, acting with integrity, loving others and influencing all of society for good.



Learning through Christ

Arndell
Anglican College



CONTACT US

118 – 124 Wolseley Road
Oakville NSW 2765

P.O. Box 4063
Pitt Town NSW 2756

T + 61 2 4572 3633

F + 61 2 4572 3849

arndell.nsw.edu.au