HEAD OF SPORT

HZSA Afternoon Sport is well underway for Term 1. Many teams will be close to finals. We wish teams all the best as they near the end of their competitions.

Congratulations to Jake Hilder, Harry Ridgewell and Ryan Mizzi who have all made it through to the next round of trialing for the NSW City Country Cricket Team. They have their final trial in a few weeks and we look forward to following their progress.

Congratulations to Nick Suman in year 9, who has been selected to attend an Under 16 National Training Camp being held at the AIS in Canberra. This is a wonderful achievement in a very competitive sport.

And finally, Isaac Whatson has been selected to represent CIS at the All School Baseball Championships later this year. This is the 3rd consecutive year he has made the team.

ARNDELL

Inter House Sports Cup: Our first Inter House Sports Cup event for 2015 is in week 6 this term! Starting off the year with Boys Basketball. The competition will run from Monday – Thursday at lunch time. Juniors will be made up of boys from 7-9 and seniors 10-12. House Captains will start asking for interested players this week. If you are interested in referring please see Miss Lombardo ASAP.

Swimming Carnival: The annual Arndell Swimming Carnival will take place this Friday the 20th of February at Nirimba Pool in the Nirimba Education Precinct Quakers Hill. Students using the provided bus services need to make their way to the lawn at 8:15 ready to depart the College at 8:30. We are looking forward to seeing all students give their best efforts and supporting their house. Permission notes are now overdue however there are a few spots left on the 7:30am mini bus for students wishing to participate in the 100m freestyle or Individual Medley who are not making their own transport to the pool. If you would like to book a seat please contact Miss Patterson. The list of students who have requested a spot on the mini bus is included below:

Malcolm Macpherson, David Lavelle, Juliette Lavelle, Kyle Hollis-Watts, Elizabeth Barter, Jack Ferris, Joshua Ferris, Madison Hewitt, Jasmine Salas, Elizabeth Hanckel, Ayden Pitt

Hawkesbury Valley Junior Rugby Union: are recruiting U/16 players. First pre-season training is Thursday the 5th, 6pm at Deerubbin Park South Windsor. All welcome – It doesn’t matter if you haven’t played before, come along even for a chat or phone Coach Greg 0424142034 Manager Darrell 0467904675
Oakville United Soccer Club: are recruiting Division 1 players for their U16 Girls team (Grand final winners for the past 2 years) and their U12 Girls team. Pre-season training on now, Monday and Wednesday nights from 6-7pm. Everyone is always welcome to come along to Colbee Park, Mcgraths Hill to have a chat or have a kick about and try it out.

Contact Head Coach, Alby on 0402 353 581 or the Female Development Officer, Nicole on 0413 314 664 or email oakvilleunitedsoccerclub@gmail.com for more information.

HZSA

- HZSA Open Girls Tennis Championship Day: Nominations DUE Wed 25th Feb Event Date Tue 10th March,
- HZSA Open Boys Tennis Championship Day: Nominations DUE Wed 25th Feb Event Date Mon 16th March,
- HZSA 16’s Girls Hockey Trials: Nominations DUE Tue 3rd 27th Feb Event Date Mon 9th March,
- HZSA Open Boys & Girls Touch Football Trials: Nominations DUE Tue 10th March Event Date Tue 17th March,
- HZSA Year 7 AFL (Boys) Rugby League (Girls) Gala Day: Mon 23rd March
- HZSA Rugby 7’s Championship Day: Thu 26th March
- HZSA Girls 15’s Netball Trials: Nominations DUE Tue 24th March Event Date Tue 31st March

AICES | CIS

- Golf CIS Open and Jnrs (7-9): Nomination Entry due Mon 2nd March, Event date Mon 9th March (northern), Mon 16th March (southern)
- Golf CIS Softball 17yrs & Under: Nomination Entry due Mon 2nd March, Event date Mon 9th March (northern), Mon 16th March (southern)
- AICES Swimming Additional Entries: Nomination Entry due Thu 5th March, Event date Thu 12th March
- AICES Schools Tennis Cup: Nomination Entry due Fri 20th March, Event date Fri 27th March
- NSW All Schools Sailing: Nomination Entry due Thu 19th March, Event date Fri 27th March
- CIS Diving: Nomination Entry due Wed 25th March, Event date Thu 30th April
- CIS Hockey U16’s: Nomination Entry due Fri 27th March, Event date TBC
- CIS Swimming Additional Entries: Nomination Entry due Wed 1st April, Event date 29th-30th April
FURTHER INFORMATION

AAC Swimming Carnival: Friday 20th February @ Nirimba Education Precinct

HZSA Swimming Carnival: Monday 2nd March @ SOPAC, Homebush

AICES Swimming Carnival: Monday 31st March @ SOPAC, Homebush

CIS Swimming Carnival: Tuesday 29th April (Night), Wednesday 30th April (Day) @ SOPAC, Homebush

Important Websites:

HZSA www.hzsa.com.au
AICES www.aices.com.au
CIS: www.aisnsw.edu.au/Services/CIS/Pages/Sports.aspx
### RESULTS | Week 3A, Feb 9 – 13

<table>
<thead>
<tr>
<th>SPORTS</th>
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<th>TIME</th>
<th>OPPOSITION</th>
<th>RESULT</th>
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<tbody>
<tr>
<td>Jnr Boys Futsal</td>
<td>Mon 9th</td>
<td>4:00pm</td>
<td>Gilroy</td>
<td>4 – 4 DRAW</td>
</tr>
<tr>
<td>Jnr Girls Touch</td>
<td>Tue 10th</td>
<td>4:00pm</td>
<td>Gilroy</td>
<td>2 – 3 LOSS</td>
</tr>
<tr>
<td>Snr Girls Touch</td>
<td>Tue 10th</td>
<td>4:50pm</td>
<td>Arden</td>
<td>4 – 4 DRAW</td>
</tr>
<tr>
<td>Jnr Boys Touch</td>
<td>Wed 11th</td>
<td>4:00pm</td>
<td>Gilroy</td>
<td>WIN ON FORFEIT</td>
</tr>
<tr>
<td>Snr Boys Touch</td>
<td>Wed 11th</td>
<td>4:50pm</td>
<td>Gilroy</td>
<td>2 – 8 LOSS</td>
</tr>
<tr>
<td>Jnr Girls Basketball A</td>
<td>Thu 12th</td>
<td>4:00pm</td>
<td>WCC</td>
<td>30 – 25 WIN</td>
</tr>
<tr>
<td>Jnr Girls Basketball B</td>
<td>Thu 12th</td>
<td>4:00pm</td>
<td>Arden</td>
<td>LOSS</td>
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</table>

### DRAWS | Week 4B, Feb 16 – 20

<table>
<thead>
<tr>
<th>SPORTS</th>
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<th>TIME</th>
<th>OPPOSITION</th>
<th>VENUE</th>
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<tbody>
<tr>
<td>Jnr Boys Futsal</td>
<td>Mon 16th</td>
<td>4:00pm</td>
<td>Marian</td>
<td>Court 1</td>
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<tr>
<td>Jnr Girls Touch</td>
<td>Tue 17th</td>
<td>4:00pm</td>
<td>PHCS</td>
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</tr>
<tr>
<td>Snr Girls Touch</td>
<td>Tue 17th</td>
<td>4:50pm</td>
<td>Gilroy</td>
<td>Field 4</td>
</tr>
<tr>
<td>Jnr Boys Touch</td>
<td>Wed 18th</td>
<td>4:00pm</td>
<td>Northolm</td>
<td>Field 1</td>
</tr>
<tr>
<td>Snr Boys Touch</td>
<td>Wed 18th</td>
<td>4:50pm</td>
<td>Northolm</td>
<td>Field 1</td>
</tr>
<tr>
<td>Jnr Girls Basketball A</td>
<td>Thu 19th</td>
<td>4:00pm</td>
<td>FINAL</td>
<td>TBC</td>
</tr>
<tr>
<td>Snr Boys Rugby</td>
<td>Tue 17th</td>
<td>4:00pm</td>
<td>Winmalee</td>
<td>Winmalee</td>
</tr>
</tbody>
</table>
A brief overview of the Arndell Crusaders Secondary Sponsors:

Dymocks bookstore at Penrith is a locally owned family franchise that has been serving the local schools, businesses and book enthusiasts for over 25 years.

“We were only too pleased to sponsor the Crusader rugby team as we believe the Arndell rugby program has been very beneficial to all the boys involved.”

Aqualogic specialise in the provision of turnkey solutions for commercial and industrial laundry applications. Importing the finest range of equipment the world has to offer, our products are manufactured in Europe and the United States and include commercial and industrial washing machines, dryers, ironers and folding equipment. Key markets are hotels, resorts, hospitals, aged care, defence and correctional facilities, mining camps, food processing plants, high volume commercial laundries and other industries. Aqualogic creates long term partnerships with customers to ensure the success of laundry projects, with aftersales support from our in-house service and customer care team.

“Our business is owned by the Horne and Charles families. Between us we have 7 children either attending or have completed their schooling at Arndell. Of course, the current “Crusaders” team has two of our children participating.”
Captain’s Report:

Taking form, the Arndell Crusaders XV squad completed their final preparations for next week’s Round 1 clash against Winmalee High School in the opening bout of the challenging Penrith Schools Championship.

Training commenced again this week with the boys running through defence patterns and attacking plays. Hard work was a prominent feature with a number of boys digging deep for their team mates through the tiring drills, Josh Truswell being a prime example of this. Trussy wasn’t the only stand out in the outfit however with hopeful debutant wingers Ben Smith and Jack Kenyon lining up to be a pair of devastating finishers for Mr Corr’s strong backline, Nikolas Popovski showing brutal physicality in his first training and halves Dan Jones and Declan Horne continuing to steer the ship well and displaying leadership in their vital roles within the team.

Set piece has been a focus in training currently. The forward pack has been practicing their line out procedure with Connor Moore looking somehow substantially taller than usual and also beginning to develop a formidable scrum with the power of tight forwards Riley Horne and Steve Self on display. The backline has been executing their set plays with a range of ritzy moves being completed by pace stricken players such as Jack Wiese and Harry Ridgewell.

The Crusader clan has been forging their well name into Arndell’s reputation and hope to make next week’s game a fruitful taste of this year’s waiting success.

Mitchell Kenny (1st XV Captain)
JUNIOR PE | SPORT TEACHER

Arndell Junior School's annual Swimming carnival is scheduled for Thursday 19th February (this week). A reminder notice is being sent home this week with final pieces of information. If parents are attending the carnival, please see the attached code of conduct for spectators at Junior School carnivals.

Thank you to those who have registered an interest in the Rugby and AFL competition days. The response to these events has been high enough to send a team to both of these events. Information will be sent home this week with students who have registered their interest.

ARNDELL

- Paul Kelly Cup: An AFL gala day designed for students (both boys and girls) in year 5 and 6 to play a modified version of AFL, to be held on Tuesday 17th March at Bensons Lane, Hawkesbury.
- NSW Rugby Union 7's Gala day: A gala day for boys in years 5 and 6 to be held on Wednesday 11th March at Nepean Rugby Park, Penrith.
- Information will be sent home this week with students who have registered their interest to compete at these events.

HICES | HZSA

- NSW HICES Swimming Carnival: Thursday 5th – SOPAC, Homebush
- HZSA Year 5 Gala Day: Wednesday 25th March, Centenary Reserve

CIS

- CIS Tennis Nominations: Due 17th February 2015
- CIS Basketball Nominations: Due 18th February
- CIS AFL Nominations: Due 6th March
- CIS Softball nominations (boys and girls): Due 25th March
FURTHER INFORMATION

Important Websites:
http://hzsa.com.au - Hills Zone
www.hices.nsw.edu.au - HICES
www.ainsw.edu.au/Services/CIS/Pages/Sports.aspx - NSWCIS

CODE OF CONDUCT

Arndell Anglican College Junior School endeavours to provide students with an inclusive sport program which encourages participation. We also endeavour to provide students with an environment in which they feel comfortable to take part in any aspect of a carnival or gala day without feeling discouraged or threatened. To truly achieve these outcomes, a code of conduct of various parties needs to be followed.

Parents:

At all Arndell Anglican College carnivals and sporting events, parents should aim to:

- Remember that children participate in the carnivals to have fun and that the event is for the students; not the adults in attendance
- Support skilled performances with generous applause, for members of every house regardless of the outcome of the race
- Follow directions of teachers and officials. These directions are always given to support the best interest of our students
- Not interfere with the recording of results at a sport carnival. Times and overall placing’s will not be handed out on the day
- Be patient with the release of final results. Results require multiple checks before they are released and can be expected within 2 weeks after the carnival. We would prefer to have accurate team selections than to tell students they are no longer in a team as a result of an error
- Address concerns which may arise via email to the Junior School PE Teacher. Every attempt will be made to positively monitor a concern as soon as possible
- Understand that the majority of staff are acting in a voluntary role without qualified training. They do their best with the guidance given by the PE and Sport Department

Teachers and Officials:

Sporting events and carnivals cannot run without assistance from teachers. As teachers at Arndell Anglican College, we aim to:

- Ensure rules, equipment, training schedules or games are safe and match the needs and skill level of the children involved
- Ensure that equal opportunities for participation in sports are available for all children
- Encourage positive attitudes towards children’s sport by emphasising fun and enjoyment, encouraging everybody, setting a good example and aiming to achieve student’s personal best