HEAD OF SPORT

Welcome back to a new year! I hope you all had a wonderful time relaxing and are ready for a big year at Arndell.

2015 will see the introduction of our inaugural Sports Award Presentation Evening early in Term 4. Details will come later in the year, but essentially this will be a presentation specifically for students who have been involved and found success in the sport program. Trophies and certificates normally handed out during assembly (such as age champions, HZSA winning teams and NSW state representatives etc) will be recognised at this evening. Students will receive recognition in a less formal manner during weekly assemblies for these type of achievements as they will be recognised formally at the Sports Award Dinner.

In Term 2 of this year I will be taking Long Service Leave and so Mr Craig Robinson will be overseeing the role as Head of Sport during my absence. In relation to the curriculum component, Miss Patterson will be overseeing the PDHPE Department. Both of their contact details will be provided later in the term.

ARNDELL

Afternoon Sport: All teams representing Arndell at HZSA Afternoon Sport recommence competitions in Week 3 of this term.

Swimming Carnival: The annual Arndell Senior Swimming Carnival will take place on Friday the 20th of February (Week 4) at Nirimba Pool in the Nirimba Education Precinct Quakers Hill. Students will receive permission notes this week with further information. We look forward to a fun filled yet competitive day with lots of house spirit being displayed. Miss Patterson

Hawkesbury Valley Junior Rugby Union: are recruiting U/16 players. First pre-season training is Thursday the 5th 6pm at Deerubbin Park South Windsor. All welcome – It doesn’t matter if you haven’t played before, come along even for a chat or phone Coach Greg 0424142034 Manager Darrell 0467904675

HZSA

- HZSA Open Boys and Girls Basketball Trials: Tue 10th Feb, Venue TBC (WCC likely)
- HZSA 16’s Girls Hockey Trials: Mon 9th April, Nominations DUE Mon 2nd April
- HZSA Open Girls Tennis Championship Day: Tue 10th March, Nominations DUE Mon 3rd March
- HZSA Open Boys Tennis Championship Day: Mon 16th March, Nominations DUE Mon 9th March
- HZSA Open Boys & Girls Touch Football Trials: Tue 17th March, Nominations DUE Tue 10th March
- HZSA Year 7 AFL (Boys) Rugby League (Girls) Gala Day: Mon 23rd March
- HZSA Rugby 7’s Championship Day: Thu 26th March
- HZSA Girls 15’s Netball Trials: Tue 31st March, Nominations DUE Tue 24th March

### AICES | CIS

- **CIS Open Baseball Trials**: Nomination Entry due Wed 4th Feb, Trial Date – Wed 11th Feb
- **AICES Open Tennis**: Nomination Entry due Thur 5th Feb, Trial Date (Girls) Thu 12th Feb (Boys) Friday 13th Feb
- **CIS Girls Cricket**: Nomination Entry due Friday 6th February, Trial Date 13th Feb
- **ALL Schools Triathlon**: Nomination Entry due Thur 12th February, Event date 26th / 27th Feb
- **Golf CIS Open and Jnrs (7-9)**: Nomination Entry due Mon 2nd March, Event date Mon 9th March (northern), Mon 16th March (southern)
- **Golf CIS Softball 17yrs & Under**: Nomination Entry due Mon 2nd March, Event date Mon 9th March (northern), Mon 16th March (southern)
- **AICES Swimming Additional Entries**: Nomination Entry due Thu 5th March, Event date Thu 12th March
- **AICES Schools Tennis Cup**: Nomination Entry due Fri 20th March, Event date Fri 27th March
- **NSW All Schools Sailing**: Nomination Entry due Thu 19th March, Event date Fri 27th March
- **CIS Diving**: Nomination Entry due Wed 25th March, Event date Thu 30th April
- **CIS Hockey U16’s**: Nomination Entry due Fri 27th March, Event date TBC
- **CIS Swimming Additional Entries**: Nomination Entry due Wed 1st April, Event date 29th-30th April

### FURTHER INFORMATION

**AAC Swimming Carnival**: Friday 20th February @ Nirimba

**HZSA Swimming Carnival**: Monday 2nd March @ SOPAC, Homebush

**AICES Swimming Carnival**: Monday 31st March @ SOPAC, Homebush

**CIS Swimming Carnival**: Tuesday 29th April (Night), Wednesday 30th April (Day) @ SOPAC, Homebush

**Important Websites:**

- CIS Swimming Carnival: [www.aisnsw.edu.au/Services/CIS/Pages/Sports.aspx](http://www.aisnsw.edu.au/Services/CIS/Pages/Sports.aspx)

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More info following page
## RESULTS | Week 3A, Feb 9 – 13

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## DRAWS | Week 3A, Feb 9 – 13

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<td>4:00pm</td>
<td>Arden</td>
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REPORTS & GALLERY
This is where all reports from players and coaches will appear with photos from sporting events. Don’t be afraid to send through any photos you take at sporting events to Mr Gordon so they can be included where possible.

CRUSADERS CORNER

We would like to thank Class Power, Aqualogic and Dymocks Penrith for taking up the opportunity to sponsor our rugby program this year. All the companies are affiliated through the College as parents of students and we are grateful for their support for 2015. The sponsorship funds will be used for equipment to help improve performance and training and also a score board for game days at the College.

The arrival of the 2015 school year brings with it a number of notable achievements that are worth celebration. These include the college’s 25th birthday, a great testament to the foundations of this institution and one of the largest senior student cohorts ever produced, a tribute to the hands that hold this establishment firmly in place and allow it to grow. But among all the feats that the New Year carry’s, none stand solitary in significance like the arrival of the brand new, completely customised and fully personal Arndell Crusaders First XV rugby playing and training jerseys.

All jokes aside the first term has kicked off in great fashion for the Arndell rugby community with the coaching staff and senior playing group receiving their new kits for the approaching season. A new level of enthusiasm has been purchased along with the gear resulting in a stack of new faces jotting their names down to join the growing sporting team. Training begins this Friday, despite the abysmal weather of late, with a notable range of veterans and debutants uniting under the familiar order of Mr Corr to prepare for this year’s waiting competition. A certain buzz hangs around the defending AICES Champions this semester with a series of 2014 U16’s Penrith Champions joining the already boasting outfit with the desire to chase more silverware as the Senior Penrith Schools Championship begins this term. This week shapes to be the start of a successful year for the 1st XV. **Mitchell Kenny (1st XV Captain)**

![Image of rugby team]

![Image of rugby players]
FURTHER INFORMATION

Important Websites:
www.hices.nsw.edu.au - HICES
www.aisnsw.edu.au/Services/CIS/Pages/Sports.aspx – NSWCIS
**JUNIOR PE | SPORT TEACHER**

Welcome back for another year of sport here at Arndell in the Junior School. We are looking forward to once again seeing all of our students participate in our sport program throughout the year. We are planning some new things to be included as part of our sport program in 2015 which will be exciting additions as we move throughout the year.

Arndell Junior School’s annual Swimming carnival is scheduled for Thursday 19th February (week 4). Information notes for this carnival have been sent home. These notes need to be returned ASAP to allow for bus numbers to be finalised.

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**ARNDELL**

- **Paul Kelly Cup**: An AFL gala day designed for students (both boys and girls) in year 5 and 6 to play a modified version of AFL, to be held on Tuesday 17th March at Bensons Lane, Hawkesbury. If interested, please email Mr Pearce (edwin.pearce@arndell.nsw.edu.au) by the end of week 3 (13th February).

- **NSW Rugby Union 7’s Gala day**: A gala day for boys in years 5 and 6 to be held on Wednesday 11th March at Nepean Rugby Park, Penrith. If interested, please email Mr Pearce (edwin.pearce@arndell.nsw.edu.au) by the end of week 3 (13th February).

- NB – Teams will only be entered into these competitions once sufficient numbers have been confirmed.

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**HICES | HZSA**

- **NSW HICES Swimming Carnival**: Thursday 5th – SOPAC, Homebush
- **HZSA Year 5 Gala Day**: Wednesday 25th March, Centenary Reserve

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**CIS**

- **CIS Tennis Nominations**: Due 17th February 2015
- **CIS Basketball Nominations**: Due 18th February
- **CIS AFL Nominations**: Due 6th March
- **CIS Softball nominations (boys and girls)**: Due 25th March
FURTHER INFORMATION

Important Websites:
www.hices.nsw.edu.au - HICES
www.aisnsw.edu.au/Services/CIS/Pages/Sports.aspx - NSWCIS